


# Group Fitness Classes – FREE with Membership @ Jacksonville Community Center

5 Municipal Drive, Jacksonville, AR. 72076 – 501.982.4171

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-6:00am Boot Camp	5:15-6:00am Boot Camp	5:15-6:00am Boot Camp	5:15-6:00am Boot Camp	5:15-6:00am Boot Camp		
	9:00-9:45am Young At Heart		9:00-9:45am Young At Heart		9:15-10:00am Glutes & Core	
	10:10-10:55am Cardio Dance		10:10-10:55am Cardio Dance		10:00-11:00am Functional Strength	
						2:00-3:00pm Tabata HIIT
5:10-6:00pm Pilates		5:10-6:00pm Pilates				
6:10-7:00pm Step		6:10-7:00pm Step	6:10-7:00pm ZUMBA®			
7:10-8:00pm ZUMBA®						

Check with your physician before participating in any fitness program.

All classes scheduled are subject to change according to need, availability of instructors, enrollment levels, and other factors.

Every effort will be made to hold classes as scheduled. Changes to the schedule will be posted as soon as possible.

Schedule Effective December 8, 2025