

Aquatic Schedule 2026



Due to Military Training the pool will be closed from 12:00-3:00pm on the following Thursdays:
1/8, 2/5, 3/5, 4/9, 5/7

HOLIDAY CLOSINGS:
1/1, 1/19, 2/16, 4/5, 5/25

❖ **NO LAP SWIM** on Monday/Wednesday from 4:00-6:30pm and Tuesday/Thursday from 6:15-7:15pm

❖ In August and December, swim team and swim lessons do not meet. Pool will be available for lap swimming at these times.

PLEASE NOTE: All schedules are tentative and subject to change according to need, availability of instructors, enrollment levels and others factors. Watch for updates.



FAMILY SWIM:

This time is set aside especially for families with children under 13 to enjoy the pool in a less crowded environment. A parent or guardian **MUST** accompany their children in the water.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00 - 9:00am Lap Swim	6:00 - 9:00am Lap Swim	6:00 - 9:00am Lap Swim	6:00 - 9:00am Lap Swim	6:00 - 9:00am Lap Swim	8:00-10:00am Lap Swim 10:00-12:00pm Open Swim Lap Swim (1-3 lanes)
	7:00-8:00am Water Aerobics Lap Swim (1 lane)		7:00-8:00am Water Aerobics Lap Swim (1 lane)	7:00-8:00am Water Aerobics Lap Swim (1 lane)		
	9:00-10:00am Aqua Tone	9:00-10:00am Aqua Dance Plus	9:00-10:00am Aqua Tone	9:00-10:00am HIIT	9:00-10:00am Aqua Dance Plus	
12:00-1:00pm Lap Swim	10:00 - 10:45am EZ Aqua LapSwim (1 lane)					12:00-1:00pm Lap Swim
1:00-3:45pm Open Swim Lap Swim (1 lane)	11:00am-1:00pm Lap Swim					1:00-3:45pm Open Swim
	1:00pm-3:45pm Open Swim Lap Swim (1-3 lanes)					Lap Swim (1 lane)
4:00-4:45pm Family Swim Lap Swim (1-2 lanes)	Swim Team	4:00-5:30pm	Swim Lessons		4:00-5:45pm Lap Swim	4:00-4:45pm Family Swim Lap Swim (1-2 lanes)
	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM		
	5:30-6:30pm Aqua Power					
	Swim Team NO LAP SWIM	NO LAP SWIM				
	6:30-8:45pm Open Swim Lap Swim (1-3 lanes)	6:30-7:30pm Lessons 6:15-7:15pm NO LAP SWIM	6:30-8:45pm Open Swim Lap Swim (1-3 lanes)	6:30-7:30PM Lessons 6:15-7:15pm NO LAP SWIM		
		7:30-8:45pm Open Swim Lap Swim (1-3 lanes)		7:30-8:45pm Open Swim Lap Swim (1-3 lanes)		

LAP SWIM:

This time is set aside for adults to work out either by swimming laps or by exercising on their own. Due to limited pool space, we ask that swimmers share a lane. Persons under the age of 18 must have prior approval of the Aquatic Manager to use the pool at this time.

OPEN SWIM:

This time is set aside to have fun in the pool. Children under 13 must have an adult either in the pool or on deck. Children under the age of 6 must have an adult in the water.